

Breastfeeding Textbooks for 2016

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Breastfeeding Management for the Clinician

Fourth Edition Marcha Walker £44.44 9781284091045 700 pages © 2017

Breastfeeding Management for the Clinician: Using the Evidence, Fourth Edition is a trusted compendium on breastfeeding for the practicing clinician. It provides a research-based approach to breastfeeding care by including literature reviews while covering incidence, etiology, risk factors, prevention, prognosis and implications, interventions, expected outcomes, care plans, and clinical algorithms. With a focus on the practical application of evidence-based knowledge, this reference offers a problem-solving approach to help busy clinicians integrate the latest research into everyday clinical practice.

Table of contents: Influence of the Biospecificity of Human Milk; Influence of the Maternal Anatomy and; Influence of the Infant's Anatomy and Phy48 Hours: Common Challenges; Beyond the Initial 48-72 Hours: Infant Challenges; Physical, Medical, and Environmental Problems and Issues; Maternal Pathology: Breast and Nipple Issues; Physical, Medical, Emotional, and Environmental Challenges to the Breastfeeding Mother

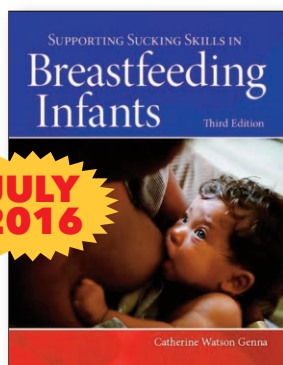


Clinical Practice Guidelines for Midwifery and Women's Health

Fifth Edition Nell L. Tharpe, Cindy L. Farley, Robin G. Jordan £48.99 9781284070217 650 pages © 2017

Clinical Practice Guidelines for Midwifery & Women's Health, Fifth Edition is a trusted, convenient, and easy-to-use quick reference guide to midwifery and well woman care. Completely updated and revised to reflect the changing clinical environment, it provides current evidence-based practice, updated approaches, new integrative treatments and pharmacological therapies, and opportunities for midwifery leadership in every practice setting.

Table of contents: Essential Midwifery Practice; Care of the Woman During Pregnancy; Care of the Pregnant Woman with Prenatal Conditions; Care of the Woman during Labor and Birth; Care of the Infant and Mother after Birth; Care of the Well Woman across the Lifespan; Care of the Woman with Reproductive Health Conditions; Primary Care in Midwifery and Women's Health; Appendix A – A Primer for Integrative Therapies; Appendix B – A Nutritional Primer; Appendix C – Inspiring Trust in Midwifery Care: Safety as a Somatic Experience

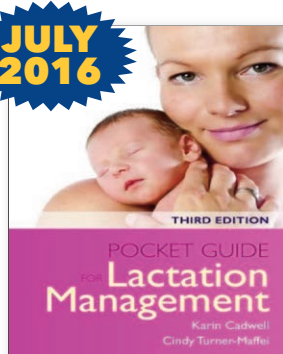


Supporting Sucking Skills in Breastfeeding Infants

Third Edition Catherine Watson Genna £42.99 9781284093919 450 pages

Supporting Sucking Skills in Breastfeeding Infants, Third Edition is an essential resource for healthcare professionals working with new mothers and infants. Using a multidisciplinary approach, it incorporates the latest research on infant sucking and clinical strategies to assist infants with breastfeeding. With an emphasis on skills, it focuses on normal sucking function in addition to difficulties based in anatomical, cardiorespiratory, neurological, or prematurity issues.

Table of contents: Breastfeeding: Normal Sucking and Swallowing; Breastfeeding and Perinatal Neuroscience; Impact of Birth Practices on Infant Suck; How Infants Learn to Feed: A Neurobehavioral Mode; They Can Do It, You Can Help: Building Breastfeeding Skill and Confidence in Mother and Helper; The Goldilocks Problem: Milk Flow That Is Not Too Fast, Not Too Slow, but Just Right (Or, Why Milk Flow Matters and What to Do About It); Breastfeeding Preterm Infants; The Influence of Anatomic and Structural Issues on Sucking Skills; Minimally Invasive Treatment for Posterior Tongue-Tie (The Hidden Tongue-Tie); Hands in Support of Breastfeeding: Manual Therapy; Sensory Integration and Breastfeeding; Neurological Issues and Breastfeeding; Therapeutic Positioning for Breastfeeding; Counseling Mothers of Infants with Feeding Difficulties



Pocket Guide for Lactation Management

Third Edition Karin Cadwell, Cindy Truner-Maffei £27.99 9781284111200 300 pages © 2017

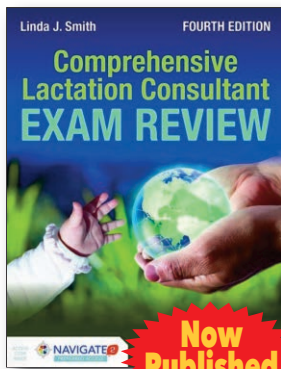
Pocket Guide for Lactation Management, Third Edition is the perfect resource for the variety of situations commonly encountered by those working with lactating and breastfeeding mothers and their babies. Conveniently organized by the issue that the healthcare provider will meet, it helps caregivers quickly resolve key challenges, such as babies who aren't gaining weight fast enough, mothers with sore nipples, and basic sucking problems. Quick reference charts, algorithms, and diagrams assist the caregiver in quickly determining whether they have assessed the situation correctly.

Table of contents: Introduction: Breastfeeding and Public Health; How We Approach Lactation Counseling; Normal Breastfeeding; The Ten Steps to Successful Breastfeeding for Hospitals and Birth Centers; Community Support for Breastfeeding; Breast and Nipple Issues; Breastfeeding Management Issues; Baby Feeding Problems; Can She Breastfeed?

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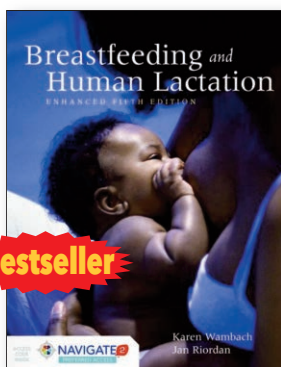
Comprehensive Lactation Consultant Exam Review *Fourth Edition*

Linda J. Smith £46.99 9781284069273

362 pages © 2017

Comprehensive Lactation Consultant Exam Review, is an ideal reference to help prepare for the International Board of Lactation Consultant Examiners (IBLCE) certification examination. Completely updated and revised, the Fourth Edition follows the latest IBLCE Detailed Content Outline, contains more than 950 practice exam questions and answer rationales, more than 300 photos, more than 100 clinical exercises and 20 actual clinical case studies. Organised around the mother-baby dyad's development, it poses questions unique to each particular stage. This review guide is perfect for beginning lactation consultants and those re-certifying, as well as dietitians, childbirth educators, nurses and breastfeeding counselors.

Table of contents: Prenatal; Labor/Birth; Prematurity; 1-2 Days; 3-14 Days; 15-28 Days; 1-3 Months; 4-6 Month; 7-12 Month; >12 Months; General Principles; Case Studies; Resources



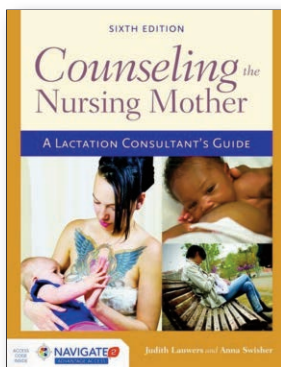
Breastfeeding and Human Lactation *Fifth Edition*

Karen Wambach, Jan Riordan £69.99 9781284093957 966 pages © 2016

Breastfeeding and Human Lactation, Enhanced Fifth Edition continues as the leading reference for the latest clinical techniques and research findings that direct evidence-based clinical practice for lactation consultants and specialists. Thoroughly updated and revised with current research, references and photos, it contains a clear clinical focus with more than 2,000 research studies supporting the clinical recommendations found in the text. Topics include placing breastfeeding in its historical context, workplace-related issues, anatomical and biological imperatives of lactation, the prenatal and perinatal periods and concerns during the postpartum period, the mother's health and sociocultural issues.

With contributions from the foremost experts in the field, **Breastfeeding and Human Lactation, Fifth Edition** is also an excellent resource to prepare for certification and practice as an International Board Certified Lactation Consultant (IBCLC).

Table of contents: The Lactation Specialist; Tides in Breastfeeding Practice; Anatomy and Physiology; Biological Specificity of Breastmilk; Drugs and Breastfeeding; Viruses in Human Milk; Perinatal and Intrapartum Care; Postpartum Care; Breast-Related Problems; Slow Weight Gain; Jaundice; Breast Pumps and Technologies; Breastfeeding the Preterm Infant; Milk Banking; Women's Health & Breastfeeding; Maternal Employment and Breastfeeding; Child Health; The Ill Child; Breastfeeding Implications; Infant Assessment; Research; Breastfeeding Education; Cultural Context of Breastfeeding; The Familial and Social Context of Breastfeeding

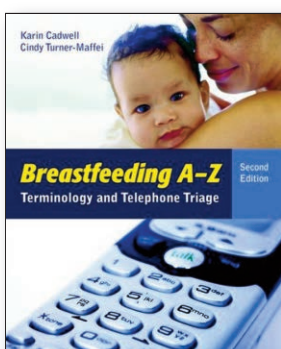


Counseling the Nursing Mother *Sixth Edition*

Karen Wambach, Jan Riordan £59.99 9781284052633 810 pages © 2016

Written from a teaching perspective, presents topics within a counseling framework with practical suggestions and evidence-based information interwoven throughout. Completely updated and revised, it includes new research on milk composition, the importance of the gut microbiome and skin-to-skin care, Affordable Care Act changes and the latest guidelines from the World Health Organisation for breastfeeding with HIV.

Table of contents: Breastfeeding Advocacy in the Modern World; Lactation Consultants as Part of the Healthcare Team; Sociological Perspective on Breastfeeding Support; Empowering Women to Breastfeed; Counseling Skills: Learning How to Help Mothers; Client Consultations; The Science of Lactation; Maternal Health and Nutrition; Health Factors in Lactation; Use of Infant Formula; Substances in Human Milk; Prenatal Considerations; Hospital Practices that Support Breastfeeding; Infant Assessment and Development; Getting Breastfeeding Started; Infant Attachment and Sucking; Breastfeeding in the Early Weeks; Breastfeeding Beyond the First Month; Problems with Milk Production and Transfer; Changes in the Family; Special Counseling Circumstances; Breastfeeding Techniques and Devices; Temporary Breastfeeding Situations; High-Risk Infants; When Breastfeeding is Interrupted; Long-Term Maternal and Infant Conditions; Professional Considerations; Critical Reading and Review of Research; Breastfeeding Promotion and Change



Breastfeeding A-Z *Second Edition*

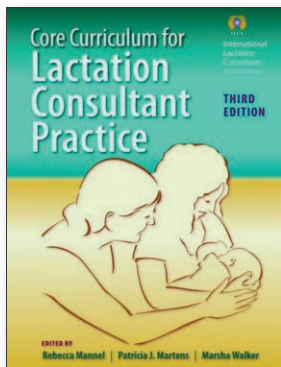
Karin Cadwell, Cindy Turner-Maffei £39.99 9781449687762 810 pages © 2016

Breastfeeding A-Z: Terminology and Telephone Triage, Second Edition provides lactation consultants, nurses, physicians and nutritionists with evidence-based information on breastfeeding issues that may present as telephone calls. Completely updated and revised with new health policy information, this new edition covers the triage guides for common problems such as breast pain, engorgement and concerns about milk supply. Also included is an encyclopedia of terms relevant to breastfeeding in both plain language and in medical terminology. Important words direct further questions and help readers clarify the situation and decide the appropriate urgency and disposition of the case. **Breastfeeding A-Z: Terminology and Telephone Triage, Second Edition** is ideal for new and experienced clinicians.

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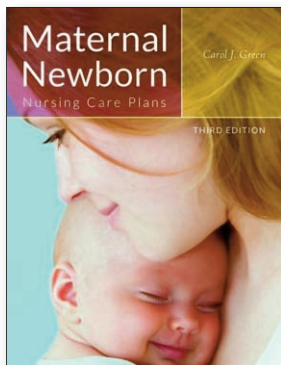


Core Curriculum for Lactation Consultant Practice Third Edition International Lactation Consultant Association (ILCA)

£49.99 9780763798796 906 pages © 2013

Developed by the International Lactation Consultant Association (ILCA) and edited by Rebecca Mannel, Patricia J. Martens, and Marsha Walker, **Core Curriculum for Lactation Consultant Practice, Third Edition** is the essential guide to prepare for certification and practice as an International Board Certified Lactation Consultant (IBCLC). Based on the most current evidence base for practice, it includes four new chapters: Normal Infant Behaviour; Change Management; Developing and Managing a Hospital Lactation Service; Nutrition for the Breastfeeding Child.

New to this edition are figures of breast anatomy and infant suckling and sections on mentoring future lactation consultants, protecting against chronic disease for the lactating mother and breastfeeding late preterm infants. Incorporated throughout is a new code of professional conduct for IBCLCs, updated photos and references.



Maternal Newborn Nursing Care Plans Third Edition

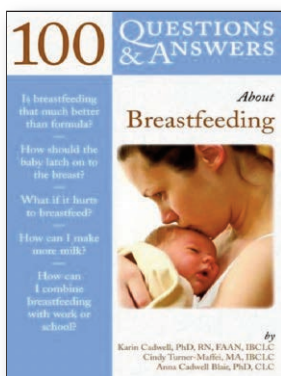
Carol J. Green £39.99 9781284038538 472 pages © 2016

Maternal Newborn Nursing Care Plans, Third Edition teaches students and practicing nurses how to assess, plan, provide and evaluate care for pregnancy, delivery, recovery, abnormal conditions, and newborn care. Featuring more than 65 of the most common and high-risk care plans for nursing care using the nursing process approach, it includes NIC interventions, discussions on collaborative problems, key nursing activities, signs and symptoms and diagnostic studies. Using a progressive approach, the text begins with generic care plans that address all patient situations regardless of the patient diagnosis or condition before moving on to more complicated and specific care plans.

The Third Edition offers new rationales for nursing actions based on scientific principles, a new breastfeeding care plan added to the normal newborn care chapter, new information on obesity in pregnancy, evidence-based practice boxes throughout to highlight current research and updated references and research. Also included are new guidelines, practice changes, new standards and evidence changes.

- Consistent organisation based on commonly encountered nursing diagnoses
- Comprehensive coverage of normal pregnancy and common complications of pregnancy
- Individualised and collaborative care plans cover both actual and potential problems and conditions
- Content in concert with the Institute of Medicine's (IOM) mandate to improve the quality and safety of patient outcomes

Table of contents: Section I: Introduction; How to Use This Book; Section II Generic Care Plans: Nursing Care Plans (Generic); Collaborative Care Plans (Generic). Section III: Antepartum Care; Normal Pregnancy; Pregnancy Complicated by Medical and Other Complications; Gestational Complications. Section IV Intrapartum Care: Normal Intrapartum; Intrapartum Complications. Section V Postpartum Care: Normal Postpartum Care; Postpartum Complications. Section VI: Care of the Newborn; Normal Newborn Care; Neonatal Complications



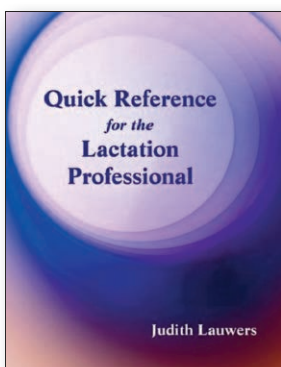
100 Questions & Answers About Breastfeeding

Karin Cadwell, Cindy Turner-Maffei, Anna Cadwell Blair

£14.99 9780763751838 211 pages © 2008

This text is an evidence-based, comprehensive approach to the many questions women have when they are thinking about breastfeeding and during the time they are breastfeeding their baby. **100 Questions & Answers About Breastfeeding** gives you authoritative, practical answers to your questions. Written by three prominent breastfeeding experts, Karin Cadwell, Cindy Turner-Maffei and Anna Blair, with "insider" advice from actual mothers, this book is an invaluable resource!

Table of contents: Section I: Choosing Breastfeeding; Section II: Getting Started with Breastfeeding; Section III: The Experience of Breastfeeding; Section IV: Lifestyle and Breastfeeding; Section V: You and Your Family; Section VI: Breastfeeding Problems; Section VII: Special Situations; Glossary; Index



Quick Reference for the Lactation Professional

Judith Lauwers £33.99 9780763750145 276 pages © 2009

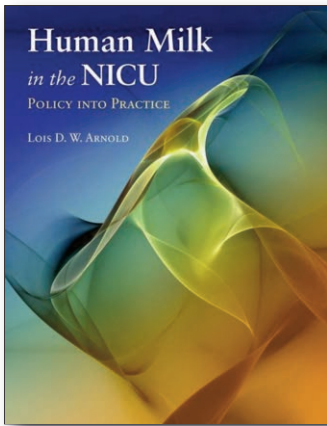
This guide provides the lactation clinician rapid access to critical information when working with breastfeeding mothers. Each chapter includes: Learning objectives; Clinical guidelines; Questions to ask the mother; Red flags; Key recommendations and advice for the clinician

Table of contents: Introduction; Acknowledgements; Insights into Mothers and Families; Communication and Training; Lactation Consultant Profession; Clinical Practice; Science of Lactation; Assessment; Facilitating Breastfeeding; High-risk infants; Problem Solving; Techniques and Devices; Special Situations; Supporting extended breastfeeding; Appendix A: Seeking Employment as an IBCLC; Appendix B: International Lactation Consultant Association; Standards of Practice for International Board Certified Lactation Consultants; Appendix C: IBCLC Code of Ethics; Appendix D: Summary of the International Code of Marketing of Breastmilk Substitutes; Appendix E: Ten Steps to Successful Breastfeeding: Self appraisal tool; Appendix F: Documentation Forms; Appendix G: WHO Growth Charts; Appendix H: Weight Charts; Appendix I: Spanish/French glossary

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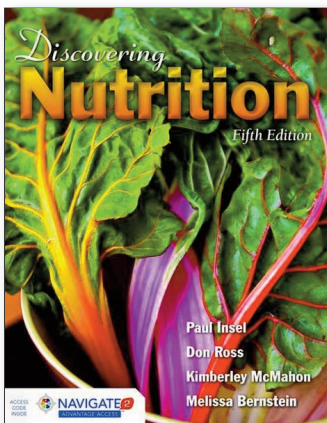


Human Milk in the NICU: Policy into Practice

Lois D. W. Arnold £35.99 9780763761332 490 pages © 2010

This unique text covers the use of banked, or stored, human milk in the hospital for premature and sick infants and discusses the advantages of human milk feedings and the elements of hazard or risk introduced by the use of formulas, including rationales for the use of both mother's own milk and donor human milk in the NICU.

Table of contents: Establishing the Need for Human Milk; Establishing the need for human milk in the NICU; Developing a policy supportive of breastfeeding/human milk use; Training all health care staff in skills to implement the policy; Teach mothers about the benefits of human milk for their preterm infant; Initiate early skin-to-skin as soon as possible; Help mothers to begin early milk expression, and provide education and support for establishing and maintaining an adequate milk supply; Give special care infants only human milk unless medically contraindicated; Promote skin-to-skin contact between parents and their preterm infants; Foster early transition to full breastfeeding; Use ethical evidence-based breastfeeding practices free of conflicts of interest; Foster the establishment of breastfeeding support groups and community programs and refer mothers to them; Clinical use of donor milk; Brief history of donor milk banking in the US; International models; The Ten Steps for a "Baby-Friendly" milk bank



Discovering Nutrition Fifth Edition

Paul Insel, Don Ross, Melissa Bernstein, Kimberley McMahon

£55.99 9781284064650 792 pages © 2016

Discovering Nutrition, Fifth Edition introduces students to the fundamentals of nutrition with an engaging and personalised approach. The text focuses on teaching behavior change, personal decision making and up-to-date scientific concepts in a number of innovative ways. Students will learn practical consumer-based nutrition information using the robust, interactive learning tools and study aids highlighted throughout the text. It also examines the latest discoveries and dietary guidelines and emphasises how our nutritional behaviours influence lifelong personal health and wellness.

Table of contents: Food Choices: Nutrients and Nourishment; Nutrition Guidelines: Tools for a Healthful Diet; The Human Body: From Food to Fuel; Carbohydrates: Simple Sugars and Complex Chains; Lipids: Not Just Fat; Proteins and Amino Acids: Function Follows Form; Vitamins: Vital Keys to Health; Water and Minerals: The Ocean Within; Nutrition for Physical Performance Spotlight on Eating Disorders; Diet and Health; Life Cycle: Maternal and Infant Nutrition; Life Cycle: Childhood Through Older Adulthood; Food Safety and Technology: Microbial Threats and Genetic Engineering



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